PBJ320 STATE BRIEF · NEW YORK

Nursing homes in New York

What changed in Q2 2026 staffing data and this month's CMS postings, and where to look next.

PBJ staffing Q2 2026 · CMS Provider Information October 2026 (released 2026-10-28) · SFF posting October 2026 (published 2026-10-28). Each source is dated separately.

New York nursing homes averaged 3.60 nurse hours per resident day in Q2 2026, below the U.S. (3.79) and below its CMS region, Region 2 – New York (3.64). Over the year New York lost ground; the region lost ground and the U.S. held steady.

01 · STAFFING OVER TIME

Staffing fell, driven by RNs

Among the 588 New York nursing homes that reported PBJ staffing in both Q2 2025 and Q2 2026, total nurse hours per resident day went from 3.62 to 3.60 (-0.01). Nurse aide hours moved -0.02 and RN hours +0.03. 99 facilities rose by 0.25 hours or more and 86 fell by that much. Nationally, the same matched comparison moved +0.004 (3.779 to 3.783).

Compared: Q2 2025 → Q2 2026 (same quarter, one year apart). **Population:** 588 New York facilities reporting resident days in both quarters.
Contract staff were 10.2% of nurse hours in Q2 2026 (-0.6 points). Quarter over quarter (Q1 2026 → Q2 2026, 587 facilities) the change was +0.05.
Explore: New York staffing and facility history · Source: CMS PBJ Daily Nurse Staffing, Q2 2025 and Q2 2026 files (PBJ_dailynursestaffing_CY2025Q2.csv, PBJ_dailynursestaffing_CY2026Q2.csv)

02 · FEDERAL WATCH-LIST AND DESIGNATION CHANGES

2 SFF list changes, 20 High Performing changes

2 New York facilities changed status on CMS's Special Focus Facility posting between September 2026 and October 2026: Waterview Heights Rehabilitation And Nursing Center (Rochester): SFF → No longer participating (Table C); The Grand Rehabilitation And Nursing At Utica (Utica): Candidate → SFF + Candidate. In the same monthly Provider Information update, 11 New York facilities gained CMS's High Performing icon and 9 lost it.

Compared: September 2026 → October 2026 postings. **Population:** All New York facilities on either posting; the October 2026 posting lists 2 current SFF and 15 candidate facilities in New York.
A listing change compares two dated CMS documents; it does not say why CMS moved a facility. The High Performing icon is CMS's own designation; it is not the same thing as a risk-based survey.
Explore: New York SFF records · Source: CMS SFF posting, October 2026 (published 2026-10-28) · CMS SFF posting, September 2026 · CMS Provider Information, October 2026 release, High Performing Icon field

03 · OWNERSHIP AND OPERATORS

301 of 592 homes belong to a chain

301 of 592 New York facilities in CMS's October 2026 Provider Information file are linked to a chain. The 3 largest, with year-over-year total nurse staffing for their matched facilities: Centers Health Care (34 facilities; 34 matched: 3.71 → 3.67); Carerite Centers (18 facilities; 18 matched: 3.17 → 3.10); Personal Healthcare Management (18 facilities; 18 matched: 3.47 → 3.42).

Compared: Chain membership as of October 2026; staffing Q2 2025 → Q2 2026. **Population:** 592 New York facilities in Provider Information.
CMS's chain field groups facilities by common ownership or management. It is not the same as the legal operator (CCN), the CMS affiliated entity, or each individual owner listed in CMS ownership files, and chain membership today may differ from ownership during earlier quarters.
Explore: Research New York owners and operators · Source: CMS Provider Information, October 2026 release, Chain Name field

STATE POLICY

The rules behind the numbers

4 verified rules (N.Y. Pub. Health Law § 2895-b). 1 sets an operative hours-per-resident minimum; 3 can be approximately checked with PBJ data.

Requirement (quoted)	Citation	PBJ test
Total direct-care minimum. “Beginning January first, two thousand twenty-three and thereafter every nursing home shall maintain daily average staffing hours equal to 3.5 hours of care per resident per day by a certified nurse aide or a licensed nurse; provided that out of such 3.5 hours, no less than 2.2 hours of care per resident per day shall be provided by a certified nurse aide, and no less than 1.1 hours of care per resident per day shall be provided by a licensed nurse.”	N.Y. Pub. Health Law § 2895-b(3)(b)	approximate
Certified nurse aide sub-minimum. “Beginning January first, two thousand twenty-three and thereafter every nursing home shall maintain daily average staffing hours equal to 3.5 hours of care per resident per day by a certified nurse aide or a licensed nurse; provided that out of such 3.5 hours, no less than 2.2 hours of care per resident per day shall be provided by a certified nurse aide, and no less than 1.1 hours of care per resident per day shall be provided by a licensed nurse.”	N.Y. Pub. Health Law § 2895-b(3)(b)	approximate
Licensed nurse sub-minimum. “Beginning January first, two thousand twenty-three and thereafter every nursing home shall maintain daily average staffing hours equal to 3.5 hours of care per resident per day by a certified nurse aide or a licensed nurse; provided that out of such 3.5 hours, no less than 2.2 hours of care per resident per day shall be provided by a certified nurse aide, and no less than 1.1 hours of care per resident per day shall be provided by a licensed nurse.”	N.Y. Pub. Health Law § 2895-b(3)(b)	approximate
Civil penalties not before April 1, 2022. “A civil penalty shall not be imposed under this section until after April first, two thousand twenty-two;”	N.Y. Pub. Health Law § 2895-b(2)(e)	not testable

Federal baseline: 42 CFR 483.35, Nursing services (eCFR, current). Ledger completeness: pbj320 supplement current law. A facility below any benchmark has not been shown to violate a law.

SOURCE TRAIL

Original sources

- CMS PBJ Daily Nurse Staffing, Q2 2025 and Q2 2026 files (PBJ_dailynursestaffing_CY2025Q2.csv, PBJ_dailynursestaffing_CY2026Q2.csv)
- CMS SFF posting, October 2026 (published 2026-10-28)
- CMS SFF posting, September 2026
- CMS Provider Information, October 2026 release, High Performing Icon field
- CMS Provider Information, October 2026 release, Chain Name field

METHOD

How the figures were built

Hours per resident day = paid nurse hours / resident days for the quarter, summed across facilities. Changes use matched cohorts: only facilities that reported in both quarters. SFF changes compare category sets on two dated CMS postings and say nothing about why CMS moved a facility. Counties come from TIGER/Line 2024 point-in-polygon of CMS coordinates. The full method, data dictionary and SHA-256 manifest are in the reporter kit ZIP.

Facility search, owner research and county map: pbj320.com/press/state/new-york. Expert comment: pbj320.com/press.