PBJ320 STATE BRIEF · NEW HAMPSHIRE

Nursing homes in New Hampshire

What changed in Q2 2026 staffing data and this month's CMS postings, and where to look next.

PBJ staffing Q2 2026 · CMS Provider Information October 2026 (released 2026-10-28) · SFF posting October 2026 (published 2026-10-28). Each source is dated separately.

New Hampshire nursing homes averaged 3.79 nurse hours per resident day in Q2 2026, above the U.S. (3.79) and below its CMS region, Region 1 – Boston (3.89). Over the year New Hampshire lost ground while the region gained ground.

01 · STAFFING OVER TIME

Staffing fell, driven by nurse aides

Among the 72 New Hampshire nursing homes that reported PBJ staffing in both Q2 2025 and Q2 2026, total nurse hours per resident day went from 3.90 to 3.79 (-0.11). Nurse aide hours moved -0.07 and RN hours +0.006. 9 facilities rose by 0.25 hours or more and 13 fell by that much. Nationally, the same matched comparison moved +0.004 (3.779 to 3.783).

Compared: Q2 2025 → Q2 2026 (same quarter, one year apart). **Population:** 72 New Hampshire facilities reporting resident days in both quarters. Contract staff were 12.8% of nurse hours in Q2 2026 (-0.7 points). Quarter over quarter (Q1 2026 → Q2 2026, 72 facilities) the change was -0.06.

Explore: New Hampshire staffing and facility history · Source: CMS PBJ Daily Nurse Staffing, Q2 2025 and Q2 2026 files (PBJ_dailynursestaffing_CY2025Q2.csv, PBJ_dailynursestaffing_CY2026Q2.csv)

02 · FEDERAL WATCH-LIST AND DESIGNATION CHANGES

2 SFF list changes, 3 High Performing changes

2 New Hampshire facilities changed status on CMS's Special Focus Facility posting between September 2026 and October 2026: Lebanon Center, Genesis Healthcare (Lebanon): SFF + Candidate → SFF; Pheasant Wood Center (Peterborough): Not listed → Candidate. In the same monthly Provider Information update, 3 New Hampshire facilities gained CMS's High Performing icon and 0 lost it.

Compared: September 2026 → October 2026 postings. **Population:** All New Hampshire facilities on either posting; the October 2026 posting lists 1 current SFF and 5 candidate facilities in New Hampshire.

A listing change compares two dated CMS documents; it does not say why CMS moved a facility. The High Performing icon is CMS's own designation; it is not the same thing as a risk-based survey.

Explore: New Hampshire SFF records · Source: CMS SFF posting, October 2026 (published 2026-10-28) · CMS SFF posting, September 2026 · CMS Provider Information, October 2026 release, High Performing Icon field

03 · OWNERSHIP AND OPERATORS

33 of 73 homes belong to a chain

33 of 73 New Hampshire facilities in CMS's October 2026 Provider Information file are linked to a chain. The 3 largest, with year-over-year total nurse staffing for their matched facilities: Genesis Healthcare (15 facilities; 15 matched: 3.24 → 3.36); 603 Healthcare (6 facilities; 6 matched: 3.69 → 3.71); Catholic Charities New Hampshire (6 facilities; 6 matched: 4.06 → 3.73).

Compared: Chain membership as of October 2026; staffing Q2 2025 → Q2 2026. **Population:** 73 New Hampshire facilities in Provider Information.

CMS's chain field groups facilities by common ownership or management. It is not the same as the legal operator (CCN), the CMS affiliated entity, or each individual owner listed in CMS ownership files, and chain membership today may differ from ownership during earlier quarters.

Explore: Research New Hampshire owners and operators · Source: CMS Provider Information, October 2026 release, Chain Name field

STATE POLICY

The rules behind the numbers

16 verified rules (151:9 complete section, He-P 803.03 complete section, He-P 803.10 complete section and 7 more). None of them sets an hours-per-resident minimum; none can be checked directly with PBJ data.

Selected policy references (5 of 16). This is a reference summary, not the full legal text. Full quotations, effective dates, applicability, PBJ limitations and amendment history: State law CSV · Web brief.

Policy reference (summary)	Citation	PBJ test
Licensed-nurse coverage 24 hours a day. OPERATIVE; effective date not verified	He-P 803.15(d)(1)	not testable
RN coverage: at least 8 hours within a 24-hour period (core-services clause, no 'consecutive' qualifier). OPERATIVE; effective date not verified	He-P 803.15(d)(2)	not testable
RN coverage: 8 consecutive hours a day, 7 days a week (director-of-nursing schedule duty). OPERATIVE; effective date not verified	He-P 803.17(d)(6)b	not testable
Director of Nursing Services: full-time RN with >=2 years relevant resident-care experience. OPERATIVE; effective date not verified	He-P 803.17(c)	not testable
New-hire orientation (3 days) and mandatory annual in-service education. OPERATIVE; effective date not verified	He-P 803.18 complete section	not testable

Federal baseline: 42 CFR 483.35, Nursing services (eCFR, current). Ledger completeness: partial uncertified. A facility below any benchmark has not been shown to violate a law.

SOURCE TRAIL

Original sources

- CMS PBJ Daily Nurse Staffing, Q2 2025 and Q2 2026 files (PBJ_dailynursestaffing_CY2025Q2.csv, PBJ_dailynursestaffing_CY2026Q2.csv)
- CMS SFF posting, October 2026 (published 2026-10-28)
- CMS SFF posting, September 2026
- CMS Provider Information, October 2026 release, High Performing Icon field
- CMS Provider Information, October 2026 release, Chain Name field

METHOD

How the figures were built

Hours per resident day = paid nurse hours / resident days for the quarter, summed across facilities. Changes use matched cohorts: only facilities that reported in both quarters. SFF changes compare category sets on two dated CMS postings and say nothing about why CMS moved a facility. Counties come from TIGER/Line 2024 point-in-polygon of CMS coordinates. The full method, data dictionary and SHA-256 manifest are in the reporter kit ZIP.

Facility search, owner research and county map: pbj320.com/press/state/new-hampshire. Expert comment: pbj320.com/press.